

## Leadership Breakfast Seminar with Irwin Mitchell

Supporting School Leaders Navigate the Law in Relation to

# Demystifying Mental Health in Schools & Managing Related Staff Absence



**4th April 2019**

08.30am - 10.00am

*(Arrival and Registration from 08.15am)*

**Venue: Network@Winterhill**

Winterhill School, High Street, Rotherham. S61 2BD

### Leadership Breakfast Seminar: Demystifying Mental Health in Schools & Managing Related Staff Absence

A YouGov survey recently reported that 75% of teachers in the UK are suffering with symptoms of stress, including depression, anxiety and panic attacks. It is also THE biggest cause of absence. Continuing with the series of HR and Employment Law related leadership workshops within a school and academy context, Jenny Arrowsmith, (Employment Partner - Irwin Mitchell), will cover some of the commonly asked and trickier issues that arise relating to mental health in schools and support for school leaders in managing mental health related staff absence.

During this interactive breakfast seminar, Jenny will explore what can be done to improve and protect wellbeing, share examples of good practice (as well as some of the common mistakes) and lead discussions on areas including:

- A legal perspective: key employment law issues to consider when managing employees with mental ill health
- Stress at work: what steps can your school/academy/MAT take to alleviate employee stress
- Wellbeing strategies
- Effective sickness absence management: the legal aspects as well as practical strategies
- What schools can do to prevent/limit staff being affected by mental health issues/stress and how far that duty extends.

**Audience:** HR Managers, Headteachers, Principals and MAT CEOs

**Cost:** Fully funded for delegates from schools and academies subscribing to Learners First or £80 per person for delegates from non-subscribing schools and academies.

**To Book:** Please email your name, school and contact details to [teachingschool@learnersfirst.org](mailto:teachingschool@learnersfirst.org)